
UNITED WAY OF NORTHERN NEW JERSEY



UNITED WAY *CAREGIVERS COALITION* STAFF

Carol DeGraw, MSW, LCSW, DRCC **Director, Health Impact Area**

Carol DeGraw received her MSW from Rutgers University, and is a Licensed Clinical Social Worker with over twenty-five years of experience. Her direct service work included case management, crisis intervention, and psychotherapy, specializing in the areas of HIV/AIDS, mental health, and gerontology. She has ample experience as an educator, serving as an instructor for Rutgers University School of Social Work's Continuing Education and Professional Development Program, and as an adjunct professor for Rutgers' School of Social Work and William Paterson University. She authored "Case Management Challenges and Strategies," which appeared in *Invisible Caregivers: Older Adults Raising Children in the Wake of HIV/AIDS* in 2002.

For seven years Carol served as Executive Director of the Coalition on AIDS in Passaic County (NJ). It was during this time that she developed her belief in coalitions to effect community change. She brought that passion to United Way of Northern New Jersey where, since 2001, she has managed initiatives supporting seniors, people with disabilities, and caregivers. In 2005, she was a founding member of the *United Way Caregivers Coalition*, which she continues to lead today. The *Coalition*, which has been recognized at the state and national levels as an effective, productive model for supporting caregiving populations, has been a strong force for caregiver advocacy and has innovated numerous unique and powerful resources to support the needs of unpaid family caregivers.

Deborah Day **Manager, United Way *Caregivers Coalition***

Deborah Day, who has been with United Way of Northern New Jersey since 2009, manages the ongoing development and operation in Essex County for the *United Way Caregivers Coalition*. Her work has focused on supporting family caregivers and community members in need. Deborah has been and continues to be actively involved with multiple non-profit organizations, working as a board member and advocate for the Court Appointed Special Advocates program, an advocate for Essex County SAVE, and a board member and volunteer with the Human Needs Food Pantry. She also published a magazine that was editorially focused on mature adults in New Jersey. Prior to her non-profit life, Deborah was an account executive in sales for two Fortune 100 communications companies. Deborah has a BA from Georgetown University and an MBA from Cornell University.

Robin Ennis **Manager, United Way *Caregivers Coalition***

For 19 years Robin Ennis has worked in the Warren County community, where she has dedicated herself to helping people. For 10 years she worked to move over 400 families into active adult/senior housing real estate. In that role, she gained knowledge around the needs of the senior population in Warren County. After working with an architect and construction team to build a 100-bed assisted living and memory care community, she became the director of marketing there and proudly gave over 100 residents a place to call

home. Continuing her work with seniors, Robin accepted a position with the Warren County Aging & Disability Resource Connection (ADRC). Her responsibilities included revitalizing the senior nutrition and activity centers managed by the ADRC, which she successfully accomplished in her two-year term.

Robin then joined United Way of Northern New Jersey, where since 2012 she has successfully increased membership of the *United Way Caregivers Coalition* in both Sussex and Warren Counties, which she manages. She prides herself in providing unpaid family caregivers with education, resources, and support. She values her positive relationships with the providers in the community.

Robin has been reappointed to a three-year term as chairperson of the Senior Advisory Council in Warren County, where she continues to support the seniors in the community.

She resides in White Township with her husband, daughter, two dogs, and two cats. Robin and her husband love to travel and spend as much time as they can on the road in their home on wheels. She harbors a deep love for gardening, family, and friends, and finds her career holds a very important place in her life journey.

Stephanie Howland, MSW, LSW
Manager, United Way Caregivers Coalition

Stephanie Howland received her MSW from New York University and is a Licensed Social Worker with over eleven years of experience. She started her social work career in direct practice, working with adolescents, people with substance abuse issues, and victims of domestic and sexual assault. Many times in that role she would educate individuals and groups on related issues, which is how she realized her true passion for educating and informing communities about important issues.

Stephanie came to United Way of Northern New Jersey excited for the opportunity to work with the *United Way Caregivers Coalition*, knowing it would allow her to utilize her skills and channel her passion for community education. She now manages the *Coalition's* work in Somerset and Morris Counties, bringing people together from various backgrounds to support unpaid family caregivers by providing education, information, and resources. She embraces the opportunity to mobilize community members to work together toward ultimately effecting positive societal change for caregivers.