



## School Support Network Morris County Workshop Topics 2014-2016



**Anxiety and Stress in Children and Adolescents:** *What does it look like in the classroom and how can we address and improve children's wellbeing?*  
Presented by, Dr. Michelle Barrett.

**Creating a School Culture and Climate That Fosters Engagement:** *Putting the Pieces Together From the Top Down and Bottom Up!*  
Presented by, Teresa LaSala

**Harassment, Intimidation, and Bullying (HIB) Legislation updates**  
Presented by, Dr. Bradford Lerman, Governor's Anti-Bullying Task Force, Director of Inclusive Schools Climate Initiative at Rutgers, Professor at Rutgers Graduate School of Applied and Professional Psychology

**Leading with Purpose:** *Exploring roles and styles of leadership.* Discover your own leadership style and how to bring your best in the school building.  
Presented by, Kathleen McClay, Teresa LaSala, and Dr. William Trusheim

**Parental Engagement:** *Identifying barriers and sharing best practices. Successfully engaging parents and families can be challenging.* Get ideas and be inspired to help create community around your school.  
Presented by, Michelle Barrett, Psy.D and Kathleen McClay

**Parental Communication, Connection and Engagement:** *How to understand and relate to parents in order to optimize the parent-teacher-child relationship.*  
Presented by, Dr. Michelle Barrett and Kathleen McClay

**Peer Leadership:** *Empowering Our Future.*  
Presented by, Patrick Fennell

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United Way  
of Northern New Jersey

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**Promoting Positive Behavior in the Classrooms and in Schools:** *Tips, tools, and techniques, what research is telling us.*

Presented by, Teresa LaSala and Kathleen McClay

**Putting Down Deep Roots for Your SECD/SEL/ Character/ Culture and Climate Initiatives**

Presented by, Dr. Maurice Elias, Rutgers University

**Service Learning:** *Not just a bake sale.*

Presented by, Dr William Trusheim and Donna Dykstra

**Set Yourself Up For Success This School Year:** *Start the year off with strategies to ensure you and your students have a healthy, productive and happy school year.*

Presented by, Mary Vineis of NewBridge Services will share tools for self-care at work and in life and share how self-care impacts job performance and health in general.

**Social Media and Social Emotional Skills: Bring your Device!** *Explore, share and experience the role social media can play in developing and assessing social emotional skills and improve school culture and climate.*

Presented by, James Sarto

**Staff Morale**

Presented by, Teresa Lasala and Dr. William Trusheim

**Student Morale:** *Self-regulation.* A student's "internal climate" and ability to self regulate is imperative to his or her academic performance and health. Learn strategies to help your student morale and hear from schools who are practicing what works!

Presented by, Teresa LaSala

**Tools and Strategies for Implementing Social Emotional Learning and Character Development in the Classroom and Building.**

Presented by, Dr. Maurice Elias, Rutgers University

**Uncovering the Benefits of Building Positive School Culture and Climate**

Presented by, Dr. Patricia Heindel and Liz Warner

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