

## SOME KEY RESOURCES FOR CAREGIVERS

*Please note: people, agencies and numbers may change; call to confirm information.*

### LOCAL, COUNTY AND STATE RESOURCES

#### **ESSEX COUNTY DIVISION OF SENIOR SERVICES**

973-395-8375  
[www.essex-countynj.org](http://www.essex-countynj.org)

#### **NJ EASE** – Information & Referral

877-222-3737

#### **NJ STATE RESPITE FUNDING**

This fund is available for caregivers to help pay for home care and/or adult day care. Funds are limited and there is often a waiting list but worth contacting to determine your eligibility and to get on the list.

973-395-8384  
(Loretta Melitto)

#### **GLOBAL OPTIONS**

This fund is income-based and can assist with home care and more.

973-284-1992  
(Gloria Chambers Benoit)  
973-395-8387  
(Isaiah Kettle)

#### **ALZHEIMER'S ASSOCIATION GRANT**

This is a one-time grant to help pay for a variety of needs, including adult day care, medications, etc. You must provide financial information and verification of individual's diagnosis (any form of dementia as described by a physician.) Once approved, you submit a paid bill (or bills) for approved services which they will reimburse up to \$1000. Call for specifics.

973-586-4300

#### **NORTH ESSEX UNITED WAY CAREGIVER COALITION**

973-746-4040 x209  
[www.unitedwaynj.org](http://www.unitedwaynj.org)

#### **STATE HEALTH INSURANCE PROGRAM**

973-643-5710

### TRANSPORTATION

#### **COMMUNITY PARATRANSIT**

973-491-7372

#### **ACCESS LINK**

800-955-6765

#### **NJ FIND A RIDE**

[www.findaride.org](http://www.findaride.org)

#### **CHAUFFEURS UNLIMITED**

973-228-1888

This document is referenced in the video "*The Caregiver's Dilemma: Are You Responding to a Demand or a Need?*"  
Provided as a courtesy by Ruth Rothbart-Mayer, LCSW, Geriatric Care Consultant, Caring Choices, GCM

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## ADVOCACY/INFORMATION/CONNECTIONS

### CAREGIVERS' CONNECTIONS

973-726-3226

### GERIATRIC CARE MANAGEMENT

[www.caremanager.org](http://www.caremanager.org)  
[www.state.nj.us/caregivernj/resources/nj.services.shtml](http://www.state.nj.us/caregivernj/resources/nj.services.shtml)

### FOR MEDICATION INFORMATION

[www.drugdigest.org](http://www.drugdigest.org)

### MEDICARE RIGHTS CENTER

Look for the Dear Marci column.

800-333-4114  
[www.medicarerights.org](http://www.medicarerights.org)

### NATIONAL COUNCIL ON AGING

[www.ncoa.org](http://www.ncoa.org)

### NATIONAL ACADEMY OF ELDER LAW ATTORNEYS

[www.naela.org](http://www.naela.org)

### PATIENT ADVOCATE FOUNDATION

421 Butler Farm Road, Hampton VA 23666

Contact them or visit their very detailed website for specifics.

757-873-6668  
[help@patientadvocate.org](mailto:help@patientadvocate.org)

### STATE PHARMACY PROGRAM

800-792-9745

### LOTS OF HELPING HANDS

A way to get help & connect with others.

[www.lotsofhelpinghands.com](http://www.lotsofhelpinghands.com)

### ROSALYNN CARTER INSTITUTE FOR CAREGIVING

[www.rosalynncarter.org](http://www.rosalynncarter.org)

### THE USAA EDUCATIONAL FOUNDATION

This site has an excellent and thorough guide for caregivers, including lists to help organize various aspects of caregiving.

800-531-6196  
[www.usaaeducationfoundation.org](http://www.usaaeducationfoundation.org)

## CAREGIVER WEBSITES

Caregiver.com  
Caregiveraction.org  
Aarp.org  
NewLifeStyles.com  
Webofcare.com  
Carescout.com  
Lewybodyjournal.org

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